February 2016

Registration Information

If you have questions, or if you would like to register for a program, call customer service at (847) 437-9494 or visit elkgroveparks.org. Look for the HotReg link to register for programs.

Spring Programs: Registration for Spring programs begins Feb 24. Non-Resident Registration begins Feb 29.

Camp Registration: Resident registration begins Feb 3, Non-Resident begins Mon, Feb 8. Camp Orientation is Tue, May 31.

2016 Preschool Registration

Resident families currently enrolled in the Elk Grove Park District Preschool may register on Saturday, February 6 at the Al Hattendorf Center from 10:00-11:00 am. For those families choosing to be part of the lottery process, door #4 will open at 9:30 am. All other residents and currently enrolled out of district families may register on Saturday, February 6 at the Al Hattendorf Center from 1:00-2:00 pm. For those families choosing to be part of the lottery process, door #4 will open at 12:30 pm. Out-of-district families not currently enrolled may register on Tuesday, February 16 at the Al Hattendorf Center beginning at 9:00 am.

Glitzy Girls Daddy Daughter: My Heart Belongs to Daddy



Come join Glitzy Girlz for a night with your darling(s) and celebrate this special bond you share. Dad will "pamper" their girls with a manicure taught by our staff. Daughter will help arrange a sweet treat for dad to eat. They make a heart photo frame and decorate it together with paints, stamps and jewels. Our staff can take photos for the couples to put in their frame (Bring your own device!). Fee: \$29 R /\$32 NR

Location: Pavilion Room 159

 Date
 Time
 Age
 Barcode
 Deadline

 Fri, Feb 19
 6:00-7:15 pm
 5-11 yrs
 94674
 Feb 14

K-5 School Days- Off

This program is held during a holiday or an Institute Day. Children should wear comfortable clothing and bring a sack lunch with a drink to all activities.

Please arrive by 9:00 am.

Full Day (7:00 am-6:00 pm): \$39 R /\$49 NR School Day (9:00 am-3:30 pm): \$30 R /\$40 NR Location: Rainbow Falls Community Center

Date	Time	Age	Barcode	Deadline		
Field Trip to Enchanted Castle						
Thu, Feb 11	7:00 am-6:00 pm	5-10 yrs	92748	Feb 4		
Thu, Feb 11	9:00 am-3:30 pm	5-10 yrs	92767	Feb 4		
Field Trip to Kohl Children's Museum						
Fri, Feb 12	7:00 am-6:00 pm	5-10 yrs	92749	Feb 4		
Fri, Feb 12	9:00 am-3:30 pm	5-10 yrs	92768	Feb 4		
Movie Madness						
Mon, Feb 15	7:00 am-6:00 pm	5-10 yrs	92750	Feb 4		
Mon, Feb 15	9:00 am-3:30 pm	5-10 yrs	92769	Feb 4		
Hawaiian Hullabaloo						
Tue, Mar 15	7:00 am-6:00 pm	5-10 yrs	92751	Mar 8		
Tue, Mar 15	9:00 am-3:30 pm	5-10 yrs	92770	Mar 8		

^{*} Note: March 15 location has been moved to Pavilion Multipurpose Gym due to primary elections taking place at the Community Center.

Kids Fitness & Wellness Corner



Did you know:

Children 4-6 years old should have each day: ¼ cup of fruit cooked frozen or canned; ½ piece fresh fruit and 1/3 cup of 100% fruit juice

Children 7-10 years old should have each day: 1/3 cup fruit: cooked, frozen or canned; 1 piece fresh fruit and ½ cup of 100% juice

A couple tips on how to get them to accomplish this goal...

- Let them pick their own fruit; maybe red is their favorite color; raspberries, apples and red pears would suit their palate
- Mix it up; canned fruit gets a bad rap but can be healthy if chosen selectively; fresh is great but keep the dried fruit to a minimum it is loaded with sugar as well as juice make sure you choose 100% juice
- 3. Slice their fruit: slicing fruit in smaller portions helps them to handle it better, and gives them more power over feeling like they have accomplished something. Do a little math game with them have them subtract each piece they eat from the whole sliced snack
- 4. Eat fruit with them, and keep trying! Sometimes you have to offer a fruit over 5 times to get kids to try it, like it and incorporate it as a favorite!









Pavilion

Spotlight Theatre of the Elk Grove Park District proudly presents



Youth Pottery

Experience the creativity of clay in six sessions. Taking soft material you can make almost anything real or imagined. There are very few rules to achieve success. Hand-building techniques will be demonstrated and used. Decorative techniques will be explored, and pieces will be glazed by you.



Location: Pavilion Craft Studio

Date	Time	Age	Barcode	Deadline
Wed. Feb 24-Mar 30	6:00-7:00 pm	8-13 vrs	94628	Feb 19

Aqua Spring Break Camp at PAC

This camp is one week of water loving fun! Your child can improve their swimming and diving skills by attending swimming and diving lessons each day of the week. They will learn how to play water polo, water volleyball, and several other water games like sharks and minnows which will help develop swimming skills and teach team building skills. Campers will enjoy water related crafts and games outside of the water too! Campers will experience a field trip to Key Lime Cove on Wed, March 23.

Time: 9:00-3:00 pm Ages: 5-11 yrs Location: Pavilion Aquatics Center

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	Date	MEM	R/NR	Deadline	Fee
		Barcode	Barcode		
	Mon-Fri, Mar 21-25	95816	95817	Mar 14	\$140 R /\$160 NR
	Mon, Mar 21 <i>only</i>	95818	95819	Mar 14	\$35 R /\$40 NR
	Tue, Mar 22 <i>only</i>	95820	95821	Mar 14	\$35 R /\$40 NR
	Wed, Mar 23 <i>only</i>	95822	95823	Mar 14	\$35 R /\$40 NR
	Thu, Mar 24 <i>only</i>	95824	95825	Mar 14	\$35 R /\$40 NR
	Fri, Mar 25 <i>only</i>	95826	95827	Mar 14	\$35 R /\$40 NR

Youth Group Swim Lessons

Elk Grove Park District swim lessons follow Starfish Swim/Stroke School.

The curriculum consists of six

achievement levels that use specific lead-up

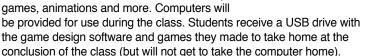
water skills to achieve a safety skill and a water skill benchmark.

Fee: \$45 Member /\$52 R /\$62 NR

Location: Pavilion Aquat	Ages: All			
Mon & Wed, Feb 15-Mar 2	5:15-5:55 pm	94084	94085	Feb 12
Mon & Wed, Feb 15-Mar 2	6:10-6:50 pm	94086	94087	Feb 12
Tue & Thu, Feb 16-Mar 3	5:15-5:55 pm	94100	94101	Feb 12
Tue & Thu, Feb 16-Mar 3	6:10-6:50 pm	94102	94103	Feb 12
Mon, Wed, Mar 7-23	5:15-5:55 pm	94088	94089	Mar 4
Mon, Wed, Mar 7-23	6:10-6:50 pm	94090	94091	Mar 4
Tue, Thu, Mar 8-24	5:15-5:55 pm	94104	94105	Mar 4
Tue, Thu, Mar 8-24	6:10-6:50 pm	94114	94115	Mar 4

Computer Game Design

Learn to create computer games with custom background settings, characters, animated movements, sound effects, multimedia computer games, animations and more. Computers will



Fee: \$98 R /\$108 NR Location: Pavilion Craft Studio

Time Deadline Date Barcode Mon, Feb 22-Mar 14 4:30-6:00 pm 94304 Feb 18

Drop-In Valentines at the Museum

Make a unique, vintage-inspired Valentine! All craft supplies will be provided by the museum. No registration required; please call ahead if you have more than five in your group. (847) 439-3994.

Fee: \$1 per person

Location: Elk Grove Historical Museum Orientation Center

Date	Time	Age
Wed. Feb 3-10	2:30-5:30 pm	3+ vrs



Mother Son Game Night

Friday, March 4 • 6:30-8:30 pm

Pavilion Multipurpose Gym

Boys, grab your moms and come to enjoy a fun night out. This action packed evening will have mothers and sons competing as a team in a variety of different games. Prior to the competition, pizza and dessert will be served. Be sure to come dressed and ready for some friendly competition!

Ages 5-10 years.

Fee per couple: \$30 R /\$40 NR Additional child: \$15 R /\$20 NR

Barcode: 94313 Deadline: Feb 26

